

Historic British Landing Still Popular Island Destination

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Island in possession by the British and Indians.

Following the signing by both nations of the Treaty of Ghent, the War of 1812 was over. The British were forced, in their turn, to evacuate Fort Mackinac and retreat to Canada. The real losers from the war were not the British Empire, which held on to Canada, but their Indian allies in the emerging American Midwest, who

were left defenseless against the tide of American settlement. The resulting story is well known. Michigan was settled by frontiersmen in its turn and became a state in 1837.

The State of Michigan took possession of most of Mackinac Island in 1895 with the departure of the American army from Fort Mackinac. Some parcels of private property were and are also situated at British Landing, relics of the farm that had been the site of the battle on August 4, 1814.

To further develop Mackinac Island State Park, the state built Lake Shore Road in the decade of 1900-10. The new road offered bicyclists and hikers a way to travel the entire shore of Mackinac Island. British Landing, which was close to the halfway point of this circle, was a natural point to stop and rest.

As time passed, this "assault" by bikers and other tourists became the third "landing" at British Landing. And unlike the redcoats and the American army,

the tourists had come to stay. Today's visitor to British Landing on a summer day may find as many as a hundred day-trippers catching their breath or eating snacks sold by the local shop. Named "Cannonball" in honor of the round shot once picked up here by souvenir hunters, this small eatery makes a nice destination for a picnic. A nature trail encourages visitors to take a short hike in the surrounding woods. A lonely cannon continues to point at the restless blue water, waiting to defend Mackinac Island against renewed attack, and a large metal marker tells bystanders the story recounted here.

The O'Hares Mark 50th Anniversary

Lloyd and Elsie O'Hare of Norfolk, Nebraska, vacationed on Mackinac Island last week with their family for their 50th wedding anniversary.

With them were Al and Linda Hallgren and Bob, Kathy, and Shelby Zimmerman, all of Illinois, and Ed, Maria, Samantha, and Layne O'Hare of Nebraska.

They were guests at Windermere Hotel.



MACKINAC ISLAND REALTY

Located on Historic Market Street, Downtown, Mackinac Island
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22 Years of Successful Experience in Marketing Mackinac Island Real Estate. If You Are Thinking of Buying or Selling Property on the Island Why Wouldn't You Choose the Company with the Most Inventory And Proven Track Record?

CONDOS

SURREY RIDGE CONDOS



Unit #6 - 1st Floor beautifully furnished condo featuring 2 bedrooms, 2 baths with limited views of water and lighthouse. Close to Fort & Grand Hotel. **Reduced to \$315,000**

Unit #7 - 1,200 sq. ft. upper unit located close to town, near Grand Hotel & golf courses featuring 3 bedrooms, 2 baths & fully furnished. **Reduced to \$325,000**

Unit #8 - Upper end unit featuring 1,300 sq. ft. with 3 bedrooms, 2 baths & a finished loft! Is fully furnished and has limited view of lake and lighthouse. **\$339,000**

STONECLIFFE CONDOS



JUST LISTED! Sandlewood #1, 2 & 3 - Waterview condo 2-bedrooms, 3-full bathrooms, good rental income, fully furnished. **\$329,000**

PINEWOOD BLDG #10, 11 & 12 2 bedroom condo w/loft, 4 baths, beautiful views! **\$419,900** furnished

OAKWOOD CONDO #1 1 BR, fully furnished condo with great waterviews, featuring large deck, Jacuzzi & fireplace. Good rental history. **\$280,000**

PINEWOOD CONDO #1, 2 & 3 2 BRs, 3 baths, lower unit, fully furnished, good rental income, great views. **\$339,000**

PINEWOOD CONDO #4, 5 & 6 Waterview condo with main living area & 2 lock-off side units, good rental income, fully furnished. **Reduced to \$339,000**

OAKWOOD BLDG. Unit 10 - Efficiency condo, fully furnished, storage shed, jacuzzi, good rental. **\$159,900**

VIOLET RESIDENCE



UNIT #7 - 3 BRs, 4 baths, multiple decks, walk-in closets, fully appointed kitchens, sunrise views overlooking Mission Point's Executive Putting Green & Lake Huron, just blocks from downtown & marina. **\$699,950**

MACKINAW CITY CONDO



MACKINAW CITY The Shores of Mackinaw - 2BR, 2 bath 1,336 sq. ft. fully furnished condo with great views of Mackinac Island and Straits. Featuring fireplace, 1 car garage, appliances. **Reduced to \$219,000**

VACANT LOTS

STONEBROOK

Located approximately 2 miles northwest of town. Six beautifully wooded 2nd tier lots and one waterfront lot. Shared common areas with 2 waterfront decks for back lot owners. Paved, lit streets with City water and sewer. **Priced from \$139,900**

FOREST RIDGE - Semi-wooded homesites located on West side of Island overlooking Lake Huron, Mackinac Bridge and Straits. Paved streets, city water and close to Woods Golf Course and Restaurant.

Lot 8 90'x161' \$219,000
Lot 10 130'x150' \$219,000

FOREST BLUFF - Large beautifully wooded homesites with views of water and bridge. Some adjacent to golf course.

7 Lots
Starting at \$145,000

WOODBLOFF SUBDIVISION

5 Lots for Sale - Nicely Wooded - 2 with Waterviews Near Woods Golf Course & Stonecliffe.

Lot 11 SOLD \$100,000 **Lot 14-\$120,000**
Lot 15-\$120,000 **Lot 16 SOLD \$100,000**
Lot 25-\$315,000 **Lot 37-\$290,000**

STONECLIFFE MANOR GOLF COURSE COMMUNITY

Beautifully wooded homesites located on the Woods Golf Course at Stonecliffe Resort. Featuring lots of various sizes; also included are city water, sewer, electricity, and telephone.

Manor I-Lots 8, 11, 16, 26, 39
Manor II-Lots-13, 16
Manor III-Lots 10, 18 sp, 20, 21, 29, 31
Manor IV-Lots 4, 13 sp, 15 sp, 16 sp
Manor V-Lots 1, 2, 3, 4, 10
Several lots to choose from between \$56,000 to \$165,000

ISLAND HOMES



East Bluff "Cottage" East Bluff home with spectacular waterviews! This "quaint" cottage comes fully furnished and has 4 bedrooms, 3 baths, front living room, kitchen, utility room, large wood enclosed front screen porch and an open wood deck in the back. This is a rare opportunity to own truly one of the unique "Bluff Cottages" on Mackinac Island. **\$1,095,000.**

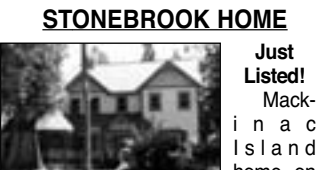


HARRISONVILLE HOME Immaculate 3-bedroom, 1 bath ranch on 75'x75' lot centrally located on Hoban Street in Harrisonville. Fenced in yard and fully furnished. **\$239,000**



JUST LISTED Family home close to town, Jewel Golf Course & Boat Docks. 3 BR, 1 bath. Guest house (for Grandma) 1 BR, 1 bath, 12'x14' workshop (for Grandpa)! **\$695,000**

STONEBROOK HOME



Just Listed! Mackinac Island home on Lot 8 in Stonebrook, nicely landscaped, featuring a double garage large decks, 4 bedrooms and 3 baths. Limited waterviews, lots of storage and shared beachfront property. **\$785,000**



LAKE MICHIGAN - Custom built salt box style home on approximately 3-1/2 acres with 150' sandy beach located only 32 miles west of Bridge/St. Ignace. Features, 3 BRs, 2-1/2 baths, open living area with beautiful lake view. Many extras **\$599,000** fully furnished, **\$575,000** unfurnished.

Controlling Weight for Health

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eride levels, blood pressure, reduce joint problems, and sleep apnea. Besides looking good, feeling good is another decided advantage.

There are many factors that come together to determine body composition and weight. A family history of obesity increases the possibility of being obese by about 30 percent. Over the long term, eating excess calories and a sedentary lifestyle both combine to weight gain. Alcohol, high sugar foods and beverages, candy, and desserts contain so-called "empty" calories that provide energy, but do not contain other nutrients. Excesses are stored as fat. A sedentary lifestyle results in lower caloric expenditure and a continuing

balance toward weight gain. Aging is associated with weight gain from a combination of less activity, loss of muscle mass, increase in body fat, and a lower metabolic rate.

Although there is usually a weight gain with cessation of smoking, the benefits far outweigh the health risks from the gain.

Psychological factors play an important role in obesity. Binge eating to cope with stress and emotional problems, and a recurring personal loss of control and feeling of guilt over binge eating, leads to weight gain. Medications, like hormones, antidepressant drugs, and anticonvulsants, contribute to weight gain. Some women gain more weight than needed during pregnancy and retain the weight.

A sincere motivation to lose weight for better health is a start. The goals should be realistic. It is well known that a healthy weight loss should be slow and steady. Loss of one to two pounds per week with goals set for weeks and months is good. A steady diet of healthy foods and attention to total calories in the diet, especially fats to below 20 to 30 percent of daily calories, will work. Foods rich in nutrients and low in calories like whole grains, fruits, and vegetables will help you eat more food with fewer calories. Regular physical exercise will increase weight loss, especially aerobic exercise, which will burn fat. Weight training, even in modest settings, will counter loss of muscle mass and tone muscles, which burn calories even in the resting state.

Getting back to the basics is surely the way to success.

Dr. Silva is a professor of surgery at Wayne State University and a resident of Woodbluff on Mackinac Island.

- WANT ADS
- SERVICES
- REAL ESTATE

FOR SALE: ANTIQUE beds and antique ice box. Good condition. 1 full-size iron bed, 1 full brass bed, 1 single iron bed. Best offer. Phone 906-847-3734.

HORSE FEED, SHAVINGS, fly spray, and wild bird feed. Free delivery to freight dock. The Feed Station, West US-2, St. Ignace. Phone 906-643-6411.

SPECTACULAR DIRECT VIEWS of Straits of Mackinac from windows of this 4th floor hotel condominium unit in the prestigious Lake View Hotel. Located downtown. Rental income history. Price range of units starting at low \$100,000. Ann-Marie Ciceri, Associate Broker, Ciceri Company LLC. Phone 248-874-1835.

PIANO/VOCAL/TENNIS lessons. Student at Juilliard School in New York. Phone Nial Djuliarso at 917-330-2380.

GREAT TURTLE CAKE Company. Fine cakes for all occasions. Phone 906-484-2855 or www.cedarville.net/greatturtlecakecompany.

COUPLE FROM TRAVERSE City seeking house/apartment for year-around rental for three years. Phone Mark and Pam Bonter at home - 231-941-5364 or office - 231-941-2298.

AVON REPRESENTATIVES needed! Sales, leadership reps. Great incentives! \$10 to join. Phone Laurie at 877-593-1570.

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IDEAL LOT FOR SALE

Excellent Location
Directly behind
Mission Church

Quiet, No Hills, Historic Area, Lot Size is 100'x60', View of Straits, Ideal Spot for Large Victorian Home. Existing 3 Bdrm Ranch on lot. (Zoned R-3)

Sale Price
\$519,000

Call Sandra Arnold
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